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"WE EXHORTED, AND COMFORTED, AND CHARGED EVERY ONE OF YOU, AS
A FATHER DOES HIS OWN CHILDREN, THAT YOU WOULD WALK WORTHY OF
GOD WHO CALLS YOU INTO HIS OWN KINGDOM AND GLORY."
I THESSALONIANS 2:11-12

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WHO IS JESUS?
WHAT IS SIN?
HOW DO I GROW AS A CHRISTIAN?
HOW ABOUT PRAYER?
HOW DO I STUDY THE BIBLE?
WHAT IS HEAVEN?

Finding your place in the family of God

Paul admonished the Christians at Colosse: "As you therefore have received Christ Jesus the Lord, so walk in Him." Then in the next verse (chapter 2, verse 7), he challenged them to be "rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving." These courses will help you to be rooted, built up, and strengthen in the faith. It was developed by the Church Discipleship Ministry, which is an entity of The Navigators that is called and committed to the transformation of people into Christ-likeness through the development of intentional disciple making churches. You will have to choose from three different studies depending where you are at with the Lord. If you are a brand new believer, the study for you will be level 1. If you are a young believer, you may want to choose level 2. If you have been a Christian for a while but still desire to know more and to be more fruitful in your relationship with Christ, level 3 would be for you. Whichever one you go for, you will be blessed and any of these study will enable you to go deeper with Jesus.

DISCIPLESHIP 1 ON 1

"WE CALCULATE GROWTH ONE DISCIPLE AT A TIME"

Welcome to Extreme's "ONE" ministry. The vision of this ministry is to help you grow to maturity in your walk with the Lord. Maybe you just gave your life to Jesus and you are eager to know more about who he is, what the Bible is all about, what does the Bible teaches. There's so much to discover. Maybe you have been a Christian for a while but never took the time to grow or your walk has just become stale and stagnant. Maybe you feel like you have a good amount of knowledge and wisdom but you desire to look again at the basics of Christianity. Whatever the reason is, we want to come alongside of you and help you to better understand what the Bible teaches and help you apply the word of God in your everyday life. We want you to experience a steady growth in Christ and at the same time discover the many advantages in being accountable to someone else.

Our prayer is to see you become a life long radical disciple of Jesus Christ growing daily in faith, hope and love.

Pastor Yves



Jesus said to His disciples,

If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it.

For what profit is it to a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?

For the Son of Man will come in the glory of His Father with His angels, and then He will reward each according to his works.

Matt 16: 24-27

One on one discipleship



The idea of one-on-one discipleship is not necessarily a new idea. It was practiced in the days of Jesus. While Jesus is considered by many to be a small-group leader because He instructed a small group of followers, He also personally mentored and developed those who would later be in charge of His ministry. That is what one-on-one discipleship is all about.

The biblical basis for one-on-one discipleship is found in 2 Timothy 2:2, where it states, "And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others."

What does one-on-one discipleship involve? It involves a person investing time, energy, prayer, and commitment into the life of another person - not just sharing the Good News with them. It includes developing a relationship where the person being disciplined learns, grows, and draws closer to God. In this model, the person discipling sets the example where by the disciple learns and benefits.

This type of discipleship - being a role model - is detailed in 2 Thessalonians 3: 7, 9. "For you yourselves know how you ought to follow our example. We were not idle when we were with you...We did this, not because we do not have the right to such help, but in order to make ourselves a model for you to follow."

In this model of discipleship, a person mentors another and invests everything they know and have, into the life of this person and that encourages them to do the same thing in the life of someone else. This is perhaps the greatest advantage of one-on-one discipleship - the ability to mentor and shape another person and then send him or her out to do the same.

There are certainly advantages to being disciplined in a group setting. However, in a one-on-one environment, there are so many other opportunities for growth. The person being mentored sees God in the life of a person, and can translate that into their own faith story and struggles. Just as there is no substitute for a coach in the life of an Olympic athlete, there is no substitute for a mentor or a coach in the life of a growing Christian, and that is what one-on-one discipleship is all about. One-on-one discipleship is an exciting way to help bring people to Christ, build people in Christ, and then send people out for Christ.

The main purpose of Christian discipleship is to be like Christ. Christian discipleship might best be described as a training or mentoring program designed to develop individuals to become more like their Savior. When Christ became man and lived on earth, He endured all of the same trials, pains, and persecutions that man suffers in order to prove Himself as a perfect example for us. Therefore, one of the primary purposes of Christian discipleship is to emulate the character of Christ.¹ Peter 2:21 says, "To this you were called, because Christ suffered for you, leaving you an example, that you should follow in His steps."

Another purpose of Christian discipleship is to learn about the Father. In Christ's three-year public ministry on earth, He often stated that His goal was to teach His disciples about His Father. Christ wanted us to know that God is alive, real, sovereign, loving, and is preparing a place for His believers in heaven. So another purpose of discipleship is to grow in our knowledge of God.

Bearing fruit for the Kingdom of God is another purpose of Christian discipleship. It says in John 15:8, "This is to My Father's glory, that you bear much fruit, showing yourselves to be My disciples." It is essential to increase the fruit (or those character virtues we exhibit in our lives) to be productive as well informed disciples of Christ, in order to carry out the responsibilities given to believers such as serving others and spreading the gospel.

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